

# Homemade Dog Food Recipe

## Ingredients

- 5 lb ground beef
- 5 lb chicken breast
- 1 lb organ meat (liver, kidney, heart)
- 2 cups (before cooked) white rice
- 4 cups plain yogurt (whole milk)
- 4 cups vegetables (zucchini, carrots, green beans)
- 1 29 oz can pure pumpkin puree

## Directions

1. In a large pan, brown the ground beef. Drain any excess fat. Boil or crock pot chicken. Cut up and cook organ meat.
2. Steam veggies (leave carrots raw) and cook rice.
3. Food process chicken and veggies.
4. Mix meat, organ, veggies, and rice together in large bowl. Add yogurt and pumpkin once cooled.

## Storage

- Store the homemade dog food in an airtight containers (tupperware or meal prep containers) in the refrigerator for up to 3-4 days.
- For longer storage, you can freeze it in portion-sized containers for up to 2 months. Thaw in the refrigerator before serving.

## Serving size

Serve the homemade dog food according to your dog's weight, activity level, and if you also feed kibble. A general guideline is 15 grams per lb of body weight.

## Nutritional Disclaimer

This recipe is intended as a topper and should not be a dog's only source of food (unless you also add in supplements). I free feed kibble, and feed this recipe once per day.